



CHAINWHEEL CHATTER

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P.O. Box 22146 Lansing MI 48909-2146
www.biketcba.org
Promoting safe, social bicycling since 1972

Chainwheel Deadline

September Newsletter:
September 23 Send items to Sarynna Lopez Meza by the indicated deadline.
chainwheelchatter@biketcba.org

Stay in touch with us!

Whether you are a beginner, casual or hardcore cyclist, the Tri-County Bicycle Association (TCBA) is here to help!

The TCBA membership offers several perks, including access to the premier version of Ride with GPS (normally \$80/year, this app allows you to download and edit biking routes), as well as earning incentives when riding club miles (bike goodies, clothing, to name a few).

Feel free to join the various class rides we have:

A+ - 19+ mph
A - 17 - 19 mph
B - 14 - 17 mph
C - 12 - 14 mph
D - Up to 12 mph
Z - Over 40 miles at riders' own pace
M - Mountain bike "single track" rides
G - Gravel road rides plus speed class (A-Z) of the ride

More information about the various rides and to confirm they are taking place, please look at BikeTCBA.org.

Find us and follow us on social media:

TCBA: <https://www.facebook.com/biketcba>

A note from the editor

I hope this newsletter finds you well and healthy. As the weeks pass by, I certainly feel the strains of everything being tested: resilience, patience, hope, sanity... you name it. The privilege of my situation isn't lost on me: while my husband has been working "as normal" since March (meaning he gets to go to his office away from home), I get to work from home while I care for our son, which isn't nearly as exciting as it sounds. But alas, we are indeed living through a pandemic, and as the school year approaches, the stress levels are definitely running high and we are doing the best we can under the circumstances. Check on me as the school re-start online though!

Exercise has been one of the major ways I've been able to cope with stress. Mostly running, but in the past weeks, I finally gave in and updated my home-office set up to include a stand-up desk and a small elliptical to move in place. I also got a spin bike that my husband can also use (as much as I love my trainer and Zwift, he doesn't have a road bike, so the adjustable spin bike seemed like the smart way to go for us). Most importantly, I finally was able to take my road bike for a ride. It might not have been during the best weather conditions (we had to cut our ride short due to a thunder storm) but it was so nice to finally be able to hit the road! I so miss it and look forward to better, pandemic-free days when we can have organized tours again! I did enjoy very much the ride report provided by Harry Levins - I know as a group we will get there one day!

I hope you are doing well!

Sarynna López Meza - East Lansing, MI

TCBA Membership

	1-Year	2-Year	3-Year	4-Year
Individual	\$15	\$24	\$30	\$36
Family	\$20	\$32	\$40	\$48



*Affiliated with the League of American Bicyclists and the
League of Michigan Bicyclists*

A note from the TCBA President

Hello TCBA Members -

What an interesting year 2020 has been, huh.

Hope that you are riding your bike and staying safe!

The Board has worked hard this year to try and help our riders stay safe during this unprecedented time. To that end, we have decided each month whether to allow/sponsor rides on our ride calendar. The Board during our August Board meeting decided to suspend all rides through December 31, 2020.

We are already looking forward to next year and to resume more normal activities together again!

TCBA Volunteer opportunities: The T-Shirt Ride needs a Director.

The current 2020 TCBA Officers are all planning to serve again in 2021.

President - Pat Kelley
Vice President - Patty Mead
Secretary - Deb Traxinger
Treasurer – KC Harrison
DALMAC Director – Steve Leiby
Board at Large – Ken Schwartz
Board at Large – Eric Dean

TCBA will not have any Membership Meetings for the remainder of this year, 2020. If you are interested in being nominated for one of the TCBA offices for 2021, please e-mail Deb Traxinger at secretary@biketcba.org and state your interest by 9/24/20.

Please know that all TCBA Board meetings are open to you as members. We are having our meetings via Zoom, so if you would like to attend, please feel free to e-mail me and we will send you the link to our Board Meeting. The next Board Meeting is September 8, 2020, at 6:30 pm.

Thank you for being a TCBA member and stay safe.

Pat Kelley, President

Other announcements

Sleeping Bear Heritage Trail



Thank you so much for the support of the Sleeping Bear Heritage Trail from the Tri-County Bicycle Association - Northwest Tour!

The updated donor panels at the Dune Climb have been installed so if you are up in the area, make sure to check them out!

From Patty Mead:

I want to thank TCBA for the lovely floral arrangement while I was in the hospital for many days. They brightened my room and spirits during my illness. I appreciate the cards and prayers sent to me too. Not sure how long the road to recovery will be; but it's easier knowing how caring the club is to its members. Thank you!!

Clark Long passed away in July 2020. He was in Arizona when he died. Clark will long be remembered as a fun loving, soft spoken person. He had a great sense of humor and was always willing to help others. Clark was a long time member of TCBA from Owosso, and rode with the Owosso Group. He volunteered many years as a SAG driver for the Northwest Tour. He will be missed - Rest in Peace.

William H. "Bicycle Bill" Barrows passed away peacefully on July 17th, 2020. Many of you might know him from his work at Denny's Schwinn in Lansing, and his own bike shop Holt Pro Cyclery in Holt. A celebration of life will be held on August 29 at 3 pm. Please email kyle.barrows@gmail.com for more information. In lieu of flowers, please make donations to the bicycle kids repair program in Bill's name. www.kidsrepairprogram.com

You can see his obituary at <https://www.legacy.com/obituaries/laj/obituary.aspx?n=william-h-barrows-bicycle-bill&pid=196582145>

Bike to Build Ride Report

Ride report submitted by Harry Levins. Photograph courtesy of JoAnn Cranson.



On Saturday, August 1, nine TCBA cyclists – Carl Calille, JoAnn Cranson, Eric Dean, Chris Diamond, Bob Graham, Harry Levins, Steve Sillman, Roger Srouji, and Jim “Woody” Woodruff – met in DeWitt to ride the 71-mile route of the 11th Annual Bike to Build Ride. The weather was nearly perfect: a starting temperature in the low 60s, rising to the mid-70s by noon; sunny at first, then cloudy; and light easterly winds. Buoyed by these ideal conditions, the nine rode at a brisk pace. The friendly and encouraging volunteers and the snacks (fruit, pickles, cookies, etc.) at the food stops helped sustain the pace. The group, encouraged by the stronger riders, picked up speed – what experienced cyclist wouldn’t have seen that coming? Yet the group stayed together until the 62-mile mark. All finished within a few minutes of each other, averaging over 18 mph for the ride. Six members of the group had ridden to DeWitt from home and scored a century or near-century for the day. For Eric Dean and Bob Graham, it was their first century ride ever.

Bike to Build is an annual fundraiser staged by the Clinton-Gratiot Habit for Humanity. It has always started in DeWitt. This year, the tour offered four routes: 20 miles, 37 miles, 53 miles, and 71 miles. The 71-mile route featured four food stops and a course that took riders through Wacousta, Fowler, and St. Johns before returning to DeWitt. Lunch for all routes was served in the basement of the church that hosted the event.

What about Covid-19? Was participation risky, even dangerous? All volunteers – and there were lots of them at the start/finish and at the four food stops – wore face masks at all times. All practiced social distancing. They served food in a way that minimized handling. Disinfecting wipes, hand sanitizer, and bathrooms (in buildings where you could wash your hands) were available at all locations. All cyclists wore masks at the stops when they were not consuming beverages or food. All practiced social distancing at the stops and at lunch. While riding, most cyclists – but not all – avoided drafting.

Bicycling is an inherently-social-distancing, small-group activity conducted outdoors with an enormous amount of air movement – all factors cited by our national health experts as reducing the risk of contracting the virus. In addition, each cyclist can increase or decrease their own risk through their own behavior, for example, by not drafting. Assuming an activity follows the guidance offered by public health officials, each of us must decide for ourselves whether it is too risky.

Classifieds

This section of the Chainwheel Chatter is published as a Service for TCBA members only, to advertise cycling equipment free of charge. To place an ad, send an email to chainwheelchatter@biketcba.org. Ads will appear for 2 editions, unless otherwise notified.

For Sale: 2008 Giant OCR3 (#666773) Road bike, compact frame to fit various sizes (XS), color red & silver, in almost new condition (was bought as a back-up bike), 24 gears, included are Owners Manual, X-pedo pedals (Shimano compatible), pump, tool bag with tools, bike computer, bell, mirror, rechargeable head light with USB charger. Asking \$400. 00. Contact Edie Belcher at 517-377-6711 (8/2/20)

For Sale: Electra Classic Cruiser Tandem. 10 years old but hardly used. Aluminum frame. Chromoly fork. 3 speeds. 26" wheels. Black frame. Great bike for cruising around the neighborhood. \$600. or B/O. Contact Cathy at 773-835-0009 or mouserp@comcast.net (5/17/20)

TCBA - MEMBER CONTACT

**Your respect is requested when using any of the numbers on this page.
Phone calls during family time and at late hours can be intrusive.**

TCBA OFFICERS:

President:

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Treasurer: K.C. Pullman-Harrison

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DALMAC

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DALMAC FUND:

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LMB Office

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Website: www.biketcba.org/nwtour

Ride Coordinator:

Colleen Kelley
email: ridecoordinator@biketcba.org

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SummerTour:

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T-Shirt Ride:

Bob Noble (517) 925-8028
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Weather:

(517) 321-7576

Webmaster:

Dave Mansfield:
email: webmaster@biketcba.org

TRI-COUNTY BICYCLE ASSOCIATION MEMBERSHIP

<http://www.biketcba.org/>

Select Member Signup and follow the prompts!

Select options:

- Create a profile

- Renew membership online
- Select interests
- Volunteer opportunities
- Select electronic version of Chainwheel Chatter