

August 2016 Volume 44 Issue 8 Established 1972 PRESENTER/ MEETING DATE/TIME LOCATION TOPIC **Tri-County Bicycle** Members are welcome to attend all board Association Foster Community meetings to express their concerns. Due to August 2 Center Board P.O. Box 22146 time constraints, if you have a specific item 200 N. Foster St. 6:30 p.m. to be brought before the board, please Meeting Lansing, MI 48909-2146 contact the President one week prior to the Lansing, MI (517) 882-3700 meeting and ask for add'l agenda item. www.biketcba.org Member meeting is the last Thursday of the month, 7:00 p.m. Meetings/Deadlines August: Wally Miars of Charlotte will Announcements Front Cover Foster Community August 25 share highlights of his through hiking trip Membership September 29 Center. on the Appalachian Trail Meeting . 7:00 p.m. 200 N. Foster St. September: Kerry Irons of Adventure TCBA Calendar / Events 2 Lansing, MI Cycling will be the speaker. He will tell us of developments in the U.S. Bicycle Route **DALMAC®** Volunteers 2 System. **Club Express News** 2 Conference Room A **TCBA** 2nd Wednesday of the month Neighborhood Empow-**TCBA** Phone 2 August 10 Advocacy erment Center Everyone is welcome to attend! 6-7:30 p.m. http://advocacy.biketcba.org/ 600 W. Maple St. Committee **Board Meeting Minutes** 3 Lansing, MI August Guest Speaker 3 **Chainwheel Deadlines Ride Calendar** 4 NEWSLETTER 5 Please send items to Patricia Mead, via e-mail, chainwheelchatter@ **Ride Descriptions** biketcba.org by the indicated deadline. August 12 Sunrise / Sunset 5 Please send ride calendar information to Ed Usewick, by email From the President 6 RIDE tcbamonthyrides@aol.com on or before the deadline. Be sure to in-CALENDAR clude ride times, days of the week, mileage, location, and ride leader Christmas Party 6 name and telephone number or any special gualifications. No ride, if August 12 rain. is assumed. Helmet Update 6 **DALMAC®** Registration Advocacy Report 7 Volunteers Needed! Submitted: Mike Hudson **Classified/Member Specials** 8 8 Many of you have helped with DALMAC® registration in the past and know what a rewarding job this can be and a great way to meet other club members. RSVP to Mike Hudson at 517-321-4297 (please, no calls after 10:00 p.m.) or email hudsonmp66@gmail.com. TCBA Contacts/Change of 9 Address Form Location: MSU Pavilion. Please plan to arrive 15 minutes prior to your starting time. Membership Information **Back Cover** Consider volunteering, it can be a lot of fun! Thank you! Tuesday August 30 5:00-8:00 p.m. Wednesday August 31 7:00-9:00 a.m. 5:00-8:00 p.m. Thursday September 1 7:00-9:00 a.m.

Chainlinks

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DALMAC[®] Volunteers Needed

DALMAC®~ Volunteer Positions are available:

- Media Relations Coordinator
- Volunteer Coordinator transition helper
- Purchasing Committee

Send a note to **volunteer@dalmac.org** if you would like further info on these opportunities...



TCBA Phone Change

The TCBA phone system has changed. The phone number is the same, but "rides" are no longer listed on this line. All rides will now be listed on the Event Calendar at www.biketcba.org.

If you want to submit a ride, please e-mail these rides to <u>bikerides@comcast.net</u>. If you want to submit recurring rides for an entire month, please e-mail these to <u>tcbamonthlyrides@aol.com</u> by the deadline stated in the Chainwheel Chatter.

Again, the TCBA phone line message will no longer contain ride information. Please go to the Event Calendar at <u>www.biketcba.org</u> to view all rides.

Club Express Mileage Update

We are transitioning to a new way of recording and then posting your ride miles through our new Club Express website. Eventually, each Ride Leader will be able to enter their group's ride miles directly, making the process quicker and more accurate. Doug Sherman (our volunteer that records each member's ride mileage now) will continue to be the ride "mileage keeper" until this new method has been implemented.

Currently, Doug is collecting all the ride sheets as usual. We are working on an interim way to post mileage on our website; www.biketcba.org, until the new Club Express component is finished. Please be patient, and we will notify you when the mileage is available to view. We have your miles total, and you will be getting credit toward your Ride Incentive for 2016.

(Please refrain from e-mailing Doug and asking what your total miles are to date.) Thank you!

2016 TCBA Calendar / Events							
Month	Board N	leeting	Member Meeting				
August	2		25				
September	6		29				
October	4		27				
November	1		17				
December	6		Holiday Party				
DALMAC®		August 31-September 4					
Holiday Party		December 8					
		2					

A Bicycle Prayer

When I was a kid I used to pray every night for a new bicycle. Then I realized that the Lord doesn't work that way so I stole one and asked Him to forgive me.

Emo Philips

Emo Philips. (n.d.). BrainyQuote.com. Retrieved July 18, 2016, from BrainyQuote.com Web site: http://www.brainyquote.com/quotes/quotes/e/emophilips128947.html

Summertime Touring

My thanks to all of the awesome volunteers who work tirelessly to ensure TCBA tours run smoothly. Your efforts are what keep me coming back to these tours each year.

I recently completed both Northwest Tour and Summer Tour. The food is always great (though I missed the grilled asparagus on Summer Tour) and the maps help me determine the route for the day or even help me create a new route as I so often do.

As usual, Michigan weather kept me on my toes, but that just means I carry my rain gear or swim wear on the bike.

Thank you volunteers and thank you riders for making these tours memorable!

Patricia Mead, Editor

Chainwheel

Want to receive your Chainwheel faster? Simply opt for receiving an email instead of U.S. Mail. Send email to: membership@biketcba.org and opt for receiving the news-letter via email. This option is also available when you renew your membership.

Getting the newsletter via email is almost two weeks faster than U.S. mail.

Website: BikeTCBA.org

Patricia Mead, Editor

TCBA Board of Director's Meeting Minutes

July 5, 2016, Foster Community Center, Lansing, Michigan

President Patrick Kelley called the meeting to order at 6:35 PM. Deb Traxinger, Bill Smith and Steve Lieiby, Ken Schwartz and Joane Gruizenga were present. Ken Hendrick was absent. Also present were Mike Unsworth, Ralph Bednarz, Bob Noble and Joel Wickham. The meeting agenda and June board minutes were approved.

Correspondence received: Two thank you notes were received – Open Roads Bike Program and Eaton County Parks. Bob Lovell from Unitarian United Church came to the meeting to say thank you in person for the bike racks donated by TCBA.

Board Reports

Presidents: Patrick Kelley – 1. TCBA phone line – a motion was made by Steve Leiby to use a new phone with a different message while keeping the same number. 2nd by Joane Gruizenga Motion passed. 2. A letter of condolence was sent to the family of Randy Robinson. 3. Mike Unsworth and Ken Hendrick will do a presentation to the senior biking group. 4. Tim Potter and Mike Unsworth will do a presentation on bike locks for an East Lansing kids group.

Vice Presidents: Bill Smith - 1. The Christmas Party is set for Dec. 8 at the Country Creek Reception Hall. 2. Bill Smith, Joane Gruizenga and Skip Collins showed off their bikes at the Okemos Library kids program in June.

Secretary: Deb Traxinger - no report

Treasurer: Steve Leiby submitted the financial report and a motion to approve passed. Steve also presented a draft of an updated TCBA Financial Management Policy for discussion.

Events Director: Report was submitted by email.

At Large Directors: no report

Advocacy Committee: Mike Unsworth reviewed his submitted report.

New Business: Discussion on forming a Critical Incident Committee to address guidelines for ride directors regarding accidents that may occur on club rides/tours.

Due to unforeseen circumstances , major road construction, and chip sealing on routes, the board decided to cancel the 2016 Women On Wheels Ride (WOW).

Old Business: None

Meeting Adjourned: 8:30 PM

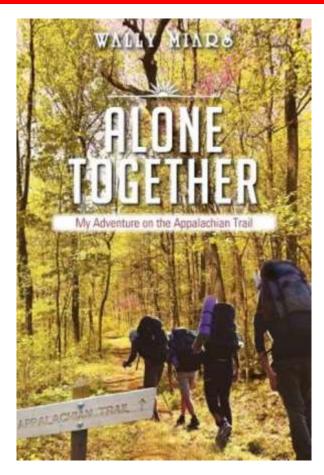
Respectfully submitted by Deb Traxinger, Secretary TCBA Board of Directors.

August Club Meeting Guest Speaker - Wally Mlars

Wally Miars is an electrical contractor in Charlotte, Michigan, by trade, and he is an avid outdoorsman. He has hiked thousands of miles on numerous trails throughout the United States. He and his wife Marilyn raised four children and are enjoying several grandchildren who are taught to love the outdoors and the many adventures it holds.

Wally Miars of Charlotte will share highlights of his through hiking trip on the Appalachian Trail at the August 25 Club Meeting at 7:00 p.m.





August 2016 Ride Calendar Recurring Rides; No Ride if Rain Page 4 Cla Day/Date Time Miles Start Location Other Information **Ride Leader** SS No Ride August 21st 67th District Court Ed Usewick Sundays 8 AM 32+ С Assenmacher 100 in the House 810-694-9919 area Victor Township 10:00 Jan or Tony Koller 25-45 С Food Stop AM 517-669-5744 Hall Oneida Township Harry Levins 9:30 AM С 30-45 harry@harrydale.com Mondays Hall 517-627-9763 Ginger Royston or Coach's American 6:00 PM 18-25 С gingerroyston@me.com Dick Chulski Pub & Grill 517-331-5557 Oneida Township Harry Levins 6:00 PM 20-30 С harry@harrydale.com 517-627-9763 Hall Tuesdays Williamston Town Ride is Wednesday if Kristen Furseth 6:30 PM 23-30 В Rained out on Tuesday Hall 517-881-8099 Valley Farms Park Edie Belcher С 9:30 AM 30-45 in Dewitt 517-242-4122 Dave/Carolyn Mans-Start: 10128 E Lippincott Visiting Nurses field 5:30 PM 30 В Blvd Bldg. Davison, MI 810-444-8709 or No Ride Aug. 31st 810-658-0406 Oneida Gospel Wednesdays Harry Levins 6:00 PM 20-30 В harry@harrydale.com Church 517-627-9763 I-96 & Kent Lake Road. Kensington Patricia Mead 6:30 PM 22-30 С Upper lot, East boat MetroPark 248-210-0337 launch Jim Delinscheff **Riverview Church** 6:15 PM 25-35 В 517-333-9329 Oneida Township Harry Levins Thursdavs С 6:00 PM 20-30 harry@harrydale.com No Evening Hall 517-627-9763 rides 25th, Williamston Town Kathryn Hixson 23-30 6:30 PM В Club Mtg. 517-899-9509 Hall Dewitt Township Jan or Tony Koller 9:30 AM 25-47 С Food Stop 517-669-5744 Hall Fridays Route: mapmyride.com Hamlin Township Rob Taylor 24-31 С 6:00 PM Keith Abrahamson ride Hall, Eaton Rapids 517-648-2608 leader on August 12th. Grand Ledge Public No ride Aug. 6 (Bike to Harry Levins Build); no ride Aug. 20 8:00 AM 50-70 Ζ Schools Admin. 517-627-9763 Saturdays Bldg. (Sawdon) harry@harrydale.com Valley Farms Park Edie Belcher 9:00 AM 45-65 Ζ No Ride August 6th in Dewitt 517-242-4122 Easy trail ride out and Weekdays Grand Blanc City back from Creasy (except on Ed Usewick 5:30 PM 10-15 Hall, Downtown (Bicentennial) Park. D club meeting 810-694-9919 Grand Blanc Please call before comnight) ing out.

Like us on Facebook

TCBA is on Facebook!! https://www.facebook.com/biketcba

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DAY RIDES (one time only) in August

Day/Date	Time	Miles	Class	Start Location	Other Info	Ride Leader
Saturday August 6 th	10:00 AM	47	Z	Farwell trailhead, front of Moose lodge on M-115, west of Clare	Exit 156 off 127. In Clare left in front of the Doherty hotel, at McEwan and 5th streets; go to the Moose	Jan or Tony Koller 517-669-5744, Day of ride: 517-582-8258
Saturday, Aug. 20	8:30 AM	70	Z	Hastings High School parking lot, 520 W. South St., Hastings, MI	Take M-43 to Hastings, turn left onto S. Washing- ton (ends at the high school)	Jim Woodruff 517-897-2116

Ride Starting Point Descriptions

67th District Court House Grand Blanc 6201 Bishop south of the King exit on I-96 Coaches Pub & Grill 1401 W. Herbison Rd. 1/2 mi. west of Old 27 **Dewitt Township Hall** Grand Ledge Public Schools Admin. Bldg. (Sawdon) ...220 Lamson St. Grand Ledge, Meet in the Jenne St. parking lot (opposite side of building from Lamson St) Hamlin Township Hall 6463 S Clinton Trl, Eaton Rapids Kroger in East Lansing Coolidge & Lake Lansing Parking is on the east side of Kroger's lot near Coolidge Road Oneida Gospel Church Corner of Oneida and Strange Hwy, Gd Ledge Oneida Township Hall 11041 Oneida Road, Grand Ledge Grand Ledge Public School Admin Bldg. 220 Lamson Rd., Grand Ledge Meet in the Jenne St. parking lot (opposite side of building from Lamson St) Kensington MetroPark I-96 and Kent Lake Road Riverview Church Willoughby, one block west of College Rd. Valley Farms Park 1/2 mile south of Mega Mall; Brook/Wieland Roads Across from Dewitt Fire Station

Victor Township Hall Williamstown Twp Hall Across from Dewitt Fire Station 6843 Alward Road Laingsburg Corner Zimmer & Germany Rds 4 mi east & 1 mi south of Haslett

Helmets are required on all TCBA Rides!!!!

RIDE CLASSIFICATIONS

19+ MPH

A+

A

В

- 17-19 MPH
- 14-17 MPH
- C 12-14 MPH
- D Under 12 MPH Fun and Social Group Ride E Eamily Fun & Eirst-Timers Ride
- F Family Fun & First-Timers Ride M Mountain Bike N/A

For More Rides call: visit the web site: www.biketcba.org. To receive the Ride Line Transcript by email, send your email address to: <u>bikerides@comcast.net</u> Ride Line Call-in Coordinator: Thomas Bogle



August Sunrise/Sunset								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1	2	3	4	5	6		
	Sunrise: 6:30am Sunset: 8:59pm	Sunrise: 6:31am Sunset: 8:58pm	Sunrise: 6:32am Sunset: 8:57pm	Sunrise: 6:33am Sunset: 8:56pm	Sunrise: 6:34am Sunset: 8:54pm	Sunrise: 6:35am Sunset: 8:53pm		
7	8	9	10	11	12	13		
Sunrise: 6:36am Sunset: 8:52pm	Sunrise: 6:37am Sunset: 8:50pm	Sunrise: 6:38am Sunset: 8:49pm	Sunrise: 6:39am Sunset: 8:48pm	Sunrise: 6:40am Sunset: 8:46pm	Sunrise: 6:42am Sunset: 8:45pm	Sunrise: 6:43am Sunset: 8:44pm		
14	15	16	17	18	19	20		
Sunrise: 6:44am Sunset: 8:42pm	Sunrise: 6:45am Sunset: 8:41pm	Sunrise: 6:46am Sunset: 8:39pm	Sunrise: 6:47am Sunset: 8:38pm	Sunrise: 6:48am Sunset: 8:36pm	Sunrise: 6:49am Sunset: 8:35pm	Sunrise: 6:50am Sunset: 8:33pm		
21	22	23	24	25	26	27		
Sunrise: 6:51am Sunset: 8:32pm	Sunrise: 6:52am Sunset: 8:30pm	Sunrise: 6:53am Sunset: 8:28pm	Sunrise: 6:54am Sunset: 8:27pm	Sunrise: 6:56am Sunset: 8:25pm	Sunrise: 6:57am Sunset: 8:23pm	Sunrise: 6:58am Sunset: 8:22pm		
28	29	30	31					
Sunrise: 6:59am Sunset: 8:20pm	Sunrise: 7:00am Sunset: 8:18pm	Sunrise: 7:01am Sunset: 8:17pm	Sunrise: 7:02am Sunset: 8:15pm					

If constellations had been named in the 20th century, I suppose we would see bicycles. ~ Professor Carl Sagan



From the President

Hope your summer riding is going well. Please stay safe. Remember, group rides offer safety of numbers. Check out your website www.biketcba.org for the rides available! If you haven't logged in yet please do so. (If you have any issues with logging into our site please contact Dan Stockwell, the webmaster; webmaster@biketcba.org)

The TCBA Board has recently agreed to list all rides (day rides, Called-in Rides, Chainwheel Chatter rides, tours, and other TCBA sponsored rides and activities) in one easy to find location.

Our vision is there is one place to look for a ride, and our hope is this will be the easiest way to get members to ride in groups, which is TCBA's purpose! This is currently in place on the Event Calendar at www.biketcba.org.

Now that the calendar is in place and being updated regularly by several volunteers, the tentative plan will include no longer having rides listed in the Chainwheel Chatter (we will keep the Chainwheel Chatter, but not list rides).

Christmas in August?

The TCBA Christmas Party will be held Thursday, December 8th at the Country Creek Reception Hall, 5859 North Michigan Rd, (M99), Dimondale, MI 48821. The hall is located 1 mile south of I -96 at Exit 101 (ML King BLVD/M-99). Turn south as you exit the freeway, toward Eaton Rapids, the venue is just beyond Waverly Road on the right-hand side of MLK across from Hammond Farms.

The social hour will be from 6:00 – 7:00 p.m. with appetizers (BBQ meatballs, spinach/artichoke dip, a cheese platter and a vegetable tray.) There will be a cash bar. A buffet meal will be served at 7:00. Meal choices will be boneless lemon garlic chicken, savory roast beef, or vegetable lasagna. Salad, rolls, cheesy potatoes and green beans almandine will accompany the meal. Dessert will be assorted mini pastries. The only count needed is for the Vegetable Lasagna.

The price is \$10.00 for members and \$20.00 for non-members. You may sign up at club meetings or call Bill Smith at 517-648-0019. The deadline for signing up is November 28th. It's never too early to plan and we look forward to celebrating with you!

Helmet Update

Bicycle Helmet Safety Institute The Helmet Update Vol. 34, #4 --June 2

Summary: The August issue of Consumer Reports updates its 2015 bicycle helmet report, adding new models and testing two MIPS models compared to non-MIPS versions. They found that MIPS reduced rotational force up to 43 percent, but drew no conclusions about what that might mean for injury. They gave Excellent impact protection ratings to 24 models, with the remaining 10 scoring Very Good. They check-rated 18 mod-

The "Called-In Ride Line" will also change. When a Ride Leader wants to get a Ride or Rides posted to the Calendar, they will contact the "Ride Coordinator" who will then post the ride(s) to the Calendar.

The weekly Called in Ride e-mails will also discontinue, as all the Rides for TCBA would be on the Event Calendar via the Ride Coordinator.

One place to look, one person to contact to have your Ride put on the Calendar! We think this will streamline the Ride posting process, make it easier to see where/when Rides are, and easier to get Rides posted!

The TCBA Board is looking to you for your thoughts regarding this proposal at president@biketcba.org.

Happy riding! Pat Kelley, TCBA President

els. Of those they picked seven Best Buys, none of them MIPS models. No helmets tested were rated Do Not Buy.

Scores

The highest overall ratings went to the Scott Arx Plus, Cannondale Quick, Bell Gage MIPS, Bell Draft, Bontrager Solstice Youth, Bell Draft MIPS, Bontrager Circuit, Cannondale Teramo, and Smith forefront. The Bell Draft scored higher than its MIPS twin due to better ventilation.

Impact protection ratings

The impact ratings have been CU's biggest contribution to consumer information, and our key criterion for helmet choice. After testing 34 models in the lab, CU rated 24 of them Excellent, and the remaining 11 as Very Good.

Fit

Fit is our second key criterion, and here CU was more discriminating. They rated Excellent the Scott Arx Plus, Bell Gage MIPS, Smith Forefront, Kali City Helmet, and Bontrager Solstice Youth. Rated Poor were the Overade Plixi folder, Razor V-17 Youth, Bell Disney Frozen Tiara, Wipeout Dry Erase and Raskullz Mohawk.

Ventilation

Only the Cannondale Quick, Bell Draft, Specialized Chamonix and Specialized Chamonix MIPS rated Excellent for ventilation. The Smith Forefront, with a liner partially made of hollow Koroyd[tm] straws, was rated only Good. Eleven models rated Poor.

Concussion?

CU discussed recent concussion concerns. They had tested MIPS vs Non-MIPS models and found that MIPS reduced rotational force by 43 percent. We do not know what testing protocols they used. They concluded that "The MIPS helmets in our ratings are priced \$20 to \$25 more than the non-MIPS versions. Even if the extra benefit isn't definitive, a MIPS helmet might be worth the extra cost."

What We Missed

This is CU's best recent helmet article and certainly worth a look if you are researching a new helmet, although the number of helmets included is still small. Most of the models are available only in bike stores, leaving out the millions of helmets sold in discount stores.

The article: http://www.consumerreports.org/cro/bike-helmets.htm The ratings are behind the pay wall.

June Advocacy Committee Report

AARP's "Age-Friendly Lansing" project

At the June 8 monthly meeting we received an update on this effort (aarp.org/agefriendly). Its goal is to create "a livable community which provides resources that allow residents to age in place, and fosters residents' engagement in their community's civic, economic, and social life." This five-year project will create and implement a number of plans on various topics, one of which will be transportation. In the next couple of months there will be a number of Community Conversations about this project.

Lansing Ride of Silence Tribute for Randy Robinson & Kalamazoo 5

Lysne Tait, Tim Potter, Mike Unsworth and Pat Harrington started planning this tribute which will be held July 13 at the State Capitol.

November General Election: Bike Issues

Committee is crafting a series of bike-related questions. We would like to send to candidates with their answers posted on Advocacy web page. TCBA members can also ask questions to candidates.

Bicycle Coordinator for the Tri-County Region

June 6: Tim Potter and Mike Unsworth joined others in local governments and organizations to discuss feasibility of tracking bikerelated developments and projects. No decisions were made but coordinator's background, duties, and responsibilities were analyzed. Several volunteered to find more information and will meet later for further discussion.

Accommodating Bicyclists on the Proposed Bus Rapid Transit Route (BRT)

submitted by Mike Unsworth

TCBA members Tim Potter, Lenny Provencher and Rory Neuner attended a meeting about various aspects of the BRT. It was organized by State Representative Sam Singh. There was discussion about the latest version of CATA's plans. The most constructive point was having a regional meeting about improving East-West options for bicycling around the area (and presumably not just along Michigan/Grand River Avenue corridor).

The TCBA Advocacy Committee (http://advocacy.biketcba.org/) meets the second Wednesday of each month at Conference Room A of the Neighborhood Empowerment Center (600 W. Maple St., Lansing) from 6:30 to 8:00 p.m. Everyone is welcome to attend.

May Advocacy Committee Report submitted by Mike Unsworth

May was National Bike Month and it saw a lot of activity on several fronts.

The Ride of Silence (May 18) had over 200 riders and had good media coverage. See the report in this issue.

On May 18 Stephen Clark, Bicycle Friendly Community Specialist of the League of American Bicyclists, toured Lansing's downtown and East Side with a number of interested people (including several Advocacy Committee members). He made several suggestions and observations about the local cycling infrastructure.

MSU hosted a Bike Friendly America Conference that was attended by about fifty people from Michigan and the Midwest. Several out of town attendees were impressed with our progress, especially in the attendance for the Ride of Silence.

May 20's Greater Lansing Bike Movie Night had a turnout of 100+ bike cinema enthusiasts who were treated to twenty-five imaginative short films. REO Town's Robin Theater was a great venue and Dean Brailey's cheesecakes proved to be a popular fund raising device.

On the Ingham County Trails front, the County has brought up a web site: http://pk.ingham.org/

InghamCountyTrailsandParksMillage.aspx. Applications for various maintenance and new-build projects are being submitted. On May 26 Nancy Krupiarz, Steve Leiby and Mike Unsworth attended a stakeholders' meeting about forming a Trail Ambassadors program. Julie Clark of Traverse Area Recreation and Transpor-

tation Trails (http://traversetrails.org/) gave a detailed and interesting presentation about their Ambassadors. The remainder of the meeting was devoted to a "Road Café Exercise" entitled "Putting the Ingham Program Together" in which participants wrote their thoughts on Identifying & Prioritizing Volunteer Tasks, Volunteer Recruitment, and Operational Logistics & Concerns. Future meetings will flesh out a program.

Seeing that that this is an election year, Mike Unsworth will be canvassing TCBA members via Facebook & the discussion list about what bike-related questions members should ask candidates.

At our monthly meeting, we discussed the recent crash statistics that revealed an alarming upward trend in across almost all transportation categories. 2015 was at a 50-year high. Drugged driving is also up. Finally, there is a 57% increase in bicyclist fatalities and the crash severity is up. Preliminary speculation is that distracted driving and driving under the influence may be the culprits. Further analysis is being done on the state and national levels.

The TCBA Advocacy Committee (http://advocacy.biketcba.org/) meets the second Wednesday of each month at Conference Room A of the Neighborhood Empowerment Center (600 W. Maple St., Lansing) from 6:30 to 8:00 p.m. Everyone is welcome to attend.



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This section of the Chainwheel Chatter is published as a service for TCBA MEMBERS ONLY, to advertise cycling equipment free of charge. To place an ad, send an e-mail to chainwheelchatter@biketcba.org Ads will appear for 2 editions, unless notified.



For Sale: 2007 Tour Easy. Med-Irg frame. Full fairing. \$1400 Jacque. 231-633-8343



For Sale: \$1075.2013 Jamis Aurora Touring bicycle Size 57 Surley Nice front rack Tubus Evo rear rack New bar tape Velo Orange stainless steel fenders Like new condition

lovetocamp247@hotmail.com (8/16)

For Sale: Loki II Infrared Wooden Two Person Sauna Room Product #IG-520G Asking \$1,500, Never Used Call 517-580-3689 (7/16)

For Sale: Louis Garneau Mens Cyclo Shorts 2, Blk, X-L, new with tags, elastic waist with drawstring, sewn-in mesh inner shorts multiple pockets, reflective accents, 8" inseam \$25 email: arrowdance1@yahoo.com or call (517) 347-7461(8/16)

For Sale: Trek 7.5 FX, 20"/ black/red/white. 500 miles, computer, water cages, carbon fork, great condition \$500. Call 269-275-9004 (8/16)

For Sale: Trek Tandem Double Cross Model Shimano Derailleur, Shimano Deore Brakes (XT), Miche Monolithic Stoker Kit, Heat treated Titan Tour Wheels, Black w/red accents, Excellent Condition. Limited Use Asking: \$900, Contact: Wima4@tds.net or 517-898-9692 (7/16)



For Sale: 1981 Trek 'restomod' 56 cm. c-c road bike. Hand brazed frame, lugged Reynolds 531 cromoly. Equipped w/modern Shimano Ultegra 6603 triple drivetrain, 32 spoke Ultegra/ Mavic wheels, brand new Tiagra 10 speed shifters, full Nitto cockpit w/Selle Italia saddle completes the old school look. Brakes and frame will accommodate up to 32 mm. tires. Cosmetically: frame is very good and all equipment in excellent condition. Bike has led a very easy life and was professionally built and maintained. Bike is in Jackson. \$900.

otwchris49@gmail.com or 517-414-9407.(8/16)



This section of the Chainwheel Chatter is published as a service for TCBA MEMBERS who own a business at a cost of \$5.00/month for business card ad. To place your business ad, please submit your copy ready jpg business card to chainwheelchatter@biketcba.org, and mail your payment for the number of months you want your ad to appear to: TCBA-Classifieds, P O Box 22146 Lansing, MI 48909-2146



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Sew Much More

Classes ages 8 to adult custom Cycling Wear

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CHAINLINKS

www.bikes.msu.edu Michigan State University (MSU) Bikes

www.walkbikelansing.com Lansing's Walking and Bicycling Network

www.capitalareasmartcommute.co m Smart Commute Program

www.midmeac.org Mid-Michigan **Environmental Action Council**

www.bikems.org Various rides throughout the country

www.mmba.org Michigan Mountain Biking Association

www.railstotrails.org Rails to Trails Conservancy

www.michigantrails.org Michigan Trails & Greenway Alliance

www.facebook.com TCBA is there as a group; check us out!

twitter.com Twitter

http://www.nhtsa.gov/Bicycles National Highway Traffic Safety Administration

http://www.aabts.org/ Ann Arbor **Bicycle Touring Society**





Bicycle Friendly Business, Real Estate, Litigation,

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TCBA MEMBER CONTACT



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TCBA OFFICERS:

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